

Infinite Gymnastics

Girls' Team Parent Handbook



Updated 1/7/23

Table of Contents

INTRODUCTION

Our Philosophy – p. 4
Team Program Goals – p. 4
Time Commitment – p. 4

FINANCIAL POLICIES

Tuition Policies – p. 5
Other Financial Obligations – p. 5

EXPLANATION OF FEES

Annual Team Registration Fee – p. 6
Competition Costs – p. 6

- Competition Uniform – p. 6
- Competition Entry Fees – p. 6
- Coaches' Fees – p. 6
- USAG Membership Fee – p. 6

COMPETITION SEASON COSTS *EXAMPLE

Meet Schedule Example – p. 7
Competition Uniforms – p. 7
USAG Membership – p. 7

MISCELLANEOUS POLICIES

Bullying – p. 8
Social Media – p. 8
Allergies – p. 8
Health Conditions – p. 8
Injuries – p. 8
School/Homework – p. 8
Parental Support – p. 8
Communication – p. 9
Booster Club Fundraising – p. 9
Parent Volunteering – p. 9



Introduction

Our Philosophy:

At Infinite Gymnastics, we believe in providing children with a positive environment and rewarding experiences that will help to set them up for success now and for the rest of their lives. Our goal is to help each child build confidence in themselves and attain the skills needed to become successful members of society through the lessons they learn in the gym and on the competition floor. Through gymnastics, we will teach them the power of work ethic, perseverance, and how to overcome obstacles. We will teach them how to set and achieve their goals and how to learn from their mistakes. We will teach them leadership, how to work together as a team, and the meaning of sportsmanship. We believe in fostering a growth mindset and teaching children that by believing in themselves, their possibilities are truly INFINITE!

Team Program Goals:

- Building self-confidence, discipline, goal setting, a strong work ethic, and self-esteem.
- Providing children with an enjoyable and rewarding experience.
- Learning team unity, leadership, lending support, and creating life-long friendships.
- Helping gymnasts progress through the levels at a pace suitable to their individual needs and talent.
- Providing gymnasts with a successful competitive experience while progressing through our program.

Time Commitment

*Team Practices start at 2 days per week for 1.5 – 2 hours per day. As the athlete's level increases, the amount of practice time increases due to the higher level of skills, repetitions, and strength needed to continue to progress in a safe manner.

Weekly Commitment: Unlike our recreational program, there are no makeup classes offered, due to the different natures of the programs. Parents are responsible for ensuring that athletes come to their appropriate registered class-times. Tuition will not be refunded or reduced if an athlete fails to attend her scheduled practices.

Yearly Commitment: Competitive gymnastics is a year-round commitment** Each season is important in the development of a gymnast's success and their progression in the sport. Taking the "Summer off" could be detrimental to an athlete's development and could leave them behind their teammates. Those who take extended periods of time off may not be at the same skill-level as their teammates upon their return and may have to repeat their level. We understand that in our current state of the world that time off may be needed to ensure the safety of others. Weeks off, in this case, are of course allowable (though we cannot prorate or refund tuition – Tuition is due regardless of attendance). If you are concerned that your athlete may be behind upon their return, please speak to your child's coach to set up some private lessons.

Financial Policies

Tuition Policies:

**Tuition is automatically charged to your credit card on file
for the next month on the 25th of the month.**

Team tuition is due regardless of attendance. We cannot prorate or refund for days not attended. Team tuition is calculated on an annual basis and then divided by 12 to arrive at the monthly amount. You are paying for 48 weeks per year. Up to four weeks off per year are part of this schedule, which include one full week plus additional days off for Holidays, cancelations, days off after out-of-town meets, etc.

*Please Note: As gymnasts move through the levels, the difficulty of their skills will increase, as will the number of practice-hours needed to obtain and ensure that proper progressions and strength-training is achieved. As the hours increase, the price-per-hour decreases, and the more hours that are added, the cheaper each hour becomes. *Each year on January 1st tuition is "adjusted" for inflation (and rising costs of operation).*

****TUITION PAYMENTS MUST BE CURRENT IN ORDER TO PARTICIPATE IN COMPETITIONS**

Other Financial Obligations:

Competitive Gymnastics not only involves a time commitment from families, it also involves a financial obligation beyond that of just tuition. Some expected examples may include:

- Practice Leotards
- Competition Uniforms
- Grips, Wrist Guards
- Travel, Hotel
- Competition Entry Fees
- Coaches' Expenses
- Choreography
- Floor Music
- USAG Membership

Explanation of Fees

TEAM IS A BARGAIN! There is not doubt that joining team is a significant commitment of time, effort, and money. Is it worth it? ***Most parents will say that other than family life, team involvement becomes the most significant event in their child's life.*** Besides obvious physical health benefits, those children who become involved in team learn self-discipline, how to work closely as a member of a team, how to handle themselves in a variety of situations, and how to prioritize and manage their time. Team kids are almost always excellent students. For those reasons and more, team is a bargain! In addition, the more practice-hours they participate in team, the cheaper the rate is per hour!

Annual Team Registration Fee:

Each **JUNE 1st**, an annual Team Registration Fee of \$125 is due and payable to INFINITE GYMNASTICS. This fee covers the following team specific items not covered in tuition:

- Insurance
- Tape and Chalk Usage

*NOTE: The Recreational \$40 Registration Fee will not be deducted from the Team Registration Fee.

Competition Costs:

COMPETITION UNIFORM: Gymnasts are required to wear a team uniform while competing. For girls, it is a competition leotard, warm-up jacket, and solid black leggings. They may choose to purchase a gym bag as well. Boys are required to have several things, including a competition unitard, pants, jacket, t-shirt, and shorts.

COMPETITION ENTRY FEES: Entry fees for competitions vary per event based on the level of competition, the location and the nature of the competition (Invitational, State Championship, Regionals). (*Entry fees are set by meet hosts, not Infinite*). *In addition to an Individual (Athlete) Entry Fee, there is a Team Entry Fee for each level team of 3 or more athletes. This fee is added to the entry fee and is split amongst the entire group of those who have registered for the competition.

COACHES' FEES: The coaches' fees are based upon the coaching costs associated with competition. These fees cover the coaches' expenses such as travel, food, and lodging. These fees are divided evenly among the athletes who attend the competition and can range anywhere from \$15 for local competitions to \$70 for travel competitions, depending on the number of athletes registered and travel accommodations (airfare, hotel, etc.). ****Please note, we do try to keep costs down for families – especially at the lower introductory levels, and we do not travel for the lower and introductory levels.*

USAG MEMBERSHIP FEE: Parents MUST have all USAG registration completed by **July 31st** (The gym will send you an email to get the USAG Membership process started, which must be completed so that the gymnast can receive their athlete number and registration for the season. This must also be completed yearly. It is also used as an insurance and comes with several other USAG benefits.

Competition Season Costs Example

Meet Schedule Example

Date	Competition	Location	Entry Fee/ Due Date	Coaches' Fee/ Due Date
Jan. 24	Let It Snow! Dual Meet	Infinite Gymnastics	\$65 / Jan 15	\$20-\$35 / Feb 1
Jan. 29-31	WCU Virtual Winter Classic	Virtual! Hosted by West Chester University	\$85 / Jan 15	\$20-\$35 / Feb 1
Feb. 12-14	Never Give Up Invitational	Virtual!	\$120 / Feb 1	\$20-\$35 / Mar 1
Feb. 20-21	Under the Sea Invite	North Shore Gymnastics - Mequon, WI	\$115 / Feb 15	\$20-\$35 / Mar 1
Mar. 5-7	Mardi Gras Virtual Invitational	Virtual! Hosted by Paramount Sports Complex	\$110 / Mar 1	\$20-\$35 / April 1
Mar. 13-14 (Optionals & Xcel only)	Virtual Lucky Charm Meet	Virtual! Hosted by 4 Star Athletic Complex	\$80 / Mar 1	\$20-\$35 / April 1
Mar. 20-21	Levels 3-5 State Meet	TBD	TBD / Mar 15	TBD / May 1
Mar. 26-28	Levels 6-10 & Xcel State Meet	Franklin, WI	TBD / Mar 15	TBD / May 1

*Virtual meets are hosted by a gymnastics club, but take place online via Zoom or a similar platform. The Infinite team gymnasts will perform their routines AT INFINITE and will be judged virtually!

USAG MEMBERSHIP: \$60-90

COMPETITION UNIFORMS: \$150-250

TRAVEL:

**Please note, we make an effort to restrict traveling for our families, especially at the lower levels, however it can be an added expense that should be considered when the time comes to register for competitions.

ALSO NOTE: Larger invitationals cost more money than smaller in-house meets. This is related to the host having to rent their venue and equipment. A larger competition will typically also have a nice athlete gift, such as a leotard, t-shirt, or a backpack that is worked into the entry fee.

REMINDER:

****TUITION PAYMENTS MUST BE CURRENT IN ORDER TO PARTICIPATE IN COMPETITION**

To get involved with Fundraising, contact our
Booster Club President Jenny Murry at
414-690-7137 or email jgwenm@yahoo.com

Miscellaneous Policies

BULLYING: Bullying of any kind is NOT allowed. If any bullying is taking place, the coach will try to handle it themselves between the children before getting the parents involved. If it continues to be a problem, parents will be notified. If bullying continues after parents' involvement, the child who is doing the bullying will be suspended from the program for 1 week to 1 month's time with no suspension of tuition or refunds on competitions paid for but not attended. If there is no resolve, the child will be asked to leave the program permanently. Physical violence is cause for immediate removal from the program.

SOCIAL MEDIA: When a gymnast accomplishes something that we are very proud of, we will often want to post it on social media – Either via Facebook or Instagram. Our team gymnasts are also the ones to be featured on our website! If you DO NOT feel comfortable with your child's image online, please alert our staff so that they do not post any photos of your child. We will also save your child's name in our system as "FIRST NAME-NO PHOTO" so that we will be constantly reminded that your child is not to be photographed.

ALLERGIES: We may sometimes have treats in practice – for example, for a child's birthday or if the whole level sticks their beam routine or vault at a meet! Parents should alert their child's coach to any food allergies or sensitivities. We will also save your child's name in our system as "FIRST NAME-NUT ALLERGY" (for example) so that we will be constantly reminded that your child is not to have or be near the food that causes them to have an allergic reaction. **Please note that we are not a peanut-free or nut-free environment.** *Please inform coaches of any food exclusions not related to allergies as well.

HEALTH CONDITIONS: Please alert all coaches in contact with your child of any health conditions that your child's coach should know about so that we can be aware and offer your child any special care that they need. We will also save your child's name in our system as "FIRST NAME – ASTHMA" (for example) so that we will be constantly reminded that your child has special health concerns that need to be aware of. If your child has other health conditions, such as severe anxiety, depression, or ADHD, please speak with your child's coaches so that we can work with parents to help each child get the support they need.

INJURIES: Injured gymnasts are expected to participate in their normal practice sessions. In most cases, it is possible to work around injuries and turn a difficult situation into something positive by giving the injured athlete a specialized training plan to work on flexibility, strength, and specific skills not related to her injury. There is no reduction in tuition unless the injury takes you completely out of the gym for more than a month with an injury that prohibits their participation in any way. In that instance, tuition may be adjusted depending on the circumstances (on an individual case-by-case basis).

SCHOOL/HOMEWORK: Gymnastics must come second to school. Although the vast majority of our gymnasts are very good students, there may be times when a pressing assignment or test might mean a shortened or missed practice. Just let us know – it will always be fine!

PARENTAL SUPPORT: Become the essential link in the training triangle of coach/gymnast/parents! Your trust in the coaching staff is paramount as the child will not always see the light at the end of the tunnel. ***Truly believe that we always have your child's best interest in mind.*** Support the coaching staff during the rough times. Please come to any of your child's coaches if you have a problem or concern. We are in the business to serve you and your child. Your thoughts are important to us! *Please keep your comments about your child's gymnastics positive! (You already pay us to tell them what they are doing wrong ;).)

COMMUNICATION: Please keep an open line of communication with your coaches and come to them with any questions or concerns you may have before reaching out to management. We also use an App for all team communication called TeamApp. TeamApp sends you notifications and email alerts, and we will always post if there are any last-minute practice cancellations or announcements. Important documents and meet information will also be available there so you will have access to it at all times!

BOOSTER CLUB FUNDRAISING: Parents and athletes are encouraged to fundraise through our Booster Club to cut down the costs of competition fees and uniform expenses and are asked to help out from time to time when the gym is hosting competitions. Parents are allowed to fundraise as well by participating in Brewer Game Concessions and are able to put their acquired money towards tuition – however, in the event that your child is no longer with us, and there is a credit from Booster Club activities on your account, that money cannot be reimbursed.

PARENT VOLUNTEERING: Infinite hosts competitions and runs other fundraising events! We ask parents to help out where they can in the form of both donating items and volunteering hours. Fundraising events, such as our annual Booster Bash raises money for the team gymnasts, and the better the event, the more money we raise! Parents also make money for the Booster Club at the concessions donated from parents when we host competitions.